

# January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day	2 New Year's Day Holiday	3 PORK ROAST MASHED POTATOES GREEN BEANS SWEET TREAT	4 CHICKEN TACO RICE & BEANS MIXED VEGGIE SWEET TREAT	5 TUNA CASSEROLE GREEN BEANS GARLIC BREAD SWEET TREAT	6 BROCCOLI SOUP CRACKERS GRILLED CHEESE SWEET TREAT	7
8	9 GRILLED CHEESE TOMATO SOUP CRACKERS SWEET TREAT	10 ENCHILADA CASSEROLE BEANS RICE SWEET TREAT	11 BISCUITS/GRAVY POTATOES FRESH FRUIT FRUIT JUICE	12 CHEESEBURGER MAC BREAD & BUTTER VEGGIE SWEET TREAT	13 PIZZA BAKE GARLIC BREAD CARROTS SWEET TREAT	14
15	16 <b>HOLIDAY</b> M L King Day	17 BURRITO CASSEROLE SOUR CREAM/SALSA REFRIED BEANS SWEET TREAT	18 TACOS RICE & BEANS MIX VEGGIES SWEET TREAT	19 CHICKEN TORTILLA SOUP CRACKER CARROT SWEET TREAT	20 MEATLOAF BALLS MASHED POTATOES GREEN BEANS ROLL SWEET TREAT	21
22	23 CHICKEN SPAGHETTI GARLIC BREAD VEGGIE SWEET TREAT	24 HAM/POTATOE SOUP CORN BREAD CARROTS SWEET TREAT	25 BISCUITS/GRAVY POTATOES FRESH FRUIT JUICE	26 COWBOY BEANS BISCUITS VEGGIE SWEET TREAT	27 CHILI CHEESE TOTS CORN SIDE SALAD SWEET TREAT	28
29	30 CHILI CORN BREAD VEGGIE SWEET TREAT	31 HAMBURGER GRAVY BAKED POTATO GREEN BEANS ROLL SWEET TREAT				

# February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> BISCUITS & GRAVY HASH BROWNS FRESH FRUIT FRUIT JUICE	<b>2</b> HAM & POTATO CASSEROLE SIDE SALAD GREEN BEANS COOKIE	<b>3</b> TACOS SPANISH RICE MEXICAN BLEND VEGGIE JELLO CAKE	4
5	<b>6</b> GOULASH BREAD & BUTTER CREAM CORN CAKE	<b>7</b> SWEET & SOUR CHICKEN FRIED RICE STIR FRY VEGGIE BROWNIE	<b>8</b> PIZZA BAKE CHEESY BREAD STICK MIX VEGGIE CAKE	<b>9</b> CHICKEN BACON RANCH SIDE SALAD PEAS COOKIES	<b>10</b> CRISPITO CHEESY TOTS CARROTS CHOCOLATE PIE	11
12	<b>13</b> SLOPPY JOE ON BUN CHIPS VEGGIE SWEET	<b>14</b> TACO SOUR CREAM/SALSA REFRIED BEANS FRUIT SALAD  Valentine's Day	<b>15</b> BISCUITS & GRAVY HASH BROWNS FRESH FRUIT FRUIT JUICE	<b>16</b> WHITE CHILI CORN BREAD MEXICAN VEGGIE COOKIE	<b>17</b> TUNA CASSEROLE BREAD & BUTTER PEAS PUDDING	18
19	<b>20</b> NO MEALS President's Day	<b>21</b> CHICKEN POT PIE BISCUIT VEGGIE BROWNIE	<b>22</b> ORANGE CHICKEN WHITE RICE VEGGIE COOKIE	<b>23</b> CHEESEBURGER TATOR TOTS VEGGIE JELLO	<b>24</b> TOMATO SOUP MIXED VEGGIES GRILLED CHEESE CRACKERS	25
26	<b>27</b> HOT DOG FRENCH FRIES SAUERKROUT	<b>28</b> EGG ROLL IN A BOWL WON-TON CHIPS CARROTS FORTUNE COOKIE				

# MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> SPAGHETTI BREAD & BUTTER GREEN BEAN SALAD	<b>2</b> OPEN FACE PORK ROAST SANDWICH MASHED POTATOES CORN GRAVY SWEET TREAT	<b>3</b> TUNA CASSEROLE PEAS BREAD & BUTTER COOKIES	4
5	<b>6</b> PIT POTATOES WITH BEANS & CHEESE PEAS CAKE	<b>7</b> TATER TOT CASSEROLE CORN BREAD & BUTTER CAKE	<b>8</b> BISCUIT & GRAVY TRI TATERS FRESH FRUIT FRUIT JUICE	<b>9</b> MEATBALL SANDWICH FRENCH FRY CARROT SWEET TREAT	<b>10</b> CHEESE/EGG BREAKFAST BURRITO HASH BROWNS MIXED FRUIT	11
12	<b>13</b> POLISH SAUSAGE SAUERKRAUT TOTS CAKE	<b>14</b> MEATLOAF POTATOES GREEN BEANS BREAD & BUTTER	<b>15</b> PORK ROAST MASHED POTATOES BEAD & BUTTER CORN SWEET	<b>16</b> CORN BEEF/CABBAGE CORNBREAD CHEESY TATERS SWEET TREAT	<b>17</b> GRILLED CHEESE TOMATO SOUP MIXED VEGGIE PUDDING	18
19	<b>20</b> HAM & BEANS CORNBREAD HOMINY COOKIES	<b>21</b> TURKEY POT PIE BISCUIT GREEN BEANS COOKIE	<b>22</b> BISCUITS & GRAVY TRI TATERS FRESH FRUIT FRUIT JUICE	<b>23</b> MEATBALL SUB FRENCH FRY CARROT SWEET TREAT	<b>24</b> FRENCH TOAST HASH BROWNS APPLES JUICE	25
26	<b>27</b> CABBAGE & SAUSAGE HOT DOG BUN VEGGIE COOKIE	<b>28</b> TACO SALAD CORN REFRIED BEANS SALSA/SOUR CREAM FRUIT SALAD	<b>29</b> BBQ CHICKEN MIXED VEGGIE MAC & CHEESE SWEET TREAT	<b>30</b> ENCHILADA CASSEROLE RICE/BEANS SALAD SWEET TREAT	<b>31</b> BROCCOLI CHEESE SOUP GRILLED CHEESE COOKIES CRACKERS	

# April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<b>3</b> BACON CHICKEN RANCH TATER TOT CASSEROLE BREAD & BUTTER GREEN BEANS CAKE	<b>4</b> EGG ROLL IN A BOWL FRIED RICE WONTON CHIPS CAKE	<b>5</b> BISCUITS & GRAVY TRI TATER FRUIT/FRESH FRUIT	<b>6</b> FAJITA CHICKEN STEAK FRIES CORN APPLE CRISP	<b>7</b> <b>GOOD FRIDAY</b> <b>NO MEALS</b>	8
9 Easter	<b>10</b> KING RANCH CHICKEN BEANS CARROTS CAKE	<b>11</b> TACOS CORN RICE FRUIT FLUFF	<b>12</b> SMOTHERED PATTY MASHED POTATOES GRAVY PEAS CAKE	<b>13</b> LOADED BAKED POTATO SIDE SALAD BAKED BEANS COOKIE	<b>14</b> LASAGNA GARLIC BREAD GREEN BEANS CAKE	15
16	<b>17</b> CHICKEN & NOODLES MASHED POTATOES BREAD & BUTTER MIXED VEGGIES CAKE	<b>18</b> CORNDOG FRENCH FRIES CARROTS COOKIE	<b>19</b> BISCUITS & GRAVY TRI TATER FRUIT FRESH FRUIT	<b>20</b> TATER TOT CASSEROLE GREEN BEANS BREAD & BUTTER GRAHAM CRACKER	<b>21</b> SPAGHETTI GARLIC BREAD SALAD CAKE	22
23	<b>24</b> CHICKEN FRIED RICE WONTON PEAS FORTUNE COOKIE	<b>25</b> PORCUPINE SKILLET CARROTS BREAD & BUTTER COOKIE	<b>26</b> CHICKEN PATTY FRIES VEGETABLE FRUIT FLUFF	<b>27</b> UNSTUFFED CABBAGE ROLL RICE MASHED SWEET POTATO FRUIT FLUFF	<b>28</b> PORK & NOODLES MASHED POTATOES HOT ROLL CORN CAKE	29
30	<b>31</b> BBQ CHICKEN PATTY SIDE SALAD BAKED BEANS PUDDING					

May 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Mother's Day	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29 Memorial Day	30	31			

June 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18 Father's Day	19	20	21	22	23	24
25	26	27	28	29	30	

July 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Independence Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

30	31					
<b>August 2023</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



<b>September 2023</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Labor Day	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Columbus Day	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31 Halloween				

November 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11 Veterans Day
12	13	14	15	16	17	18
19	20	21	22	23 Thanksgiving Day	24	25
26	27	28	29	30		

<b>December 2023</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Christmas	26	27	28	29	30

31						
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